

FROM THE DESK OF

Blondie L. Clayton

Changing Lives Changing The World, Inc

Is there a joyful and fulfilling life after the tragedy and setback of abuse? What does faith, determination, persistence and perseverance have to do with it? Is the ultimate purpose to our earthly lives controlled by a supernatural presence?

Blondie L Clayton is more than a conqueror. She is no longer having a pity party with the “bad things:” that have plagued her life for over 40 years, instead she has found peace, joy and fulfillment, delivering a message of hope to others.

A dynamic speaker among speakers, a living example of the mercy and grace of a loving Father, Clayton has taken the impossible by faith and witnessed the possible. Her mission in life is to use the healing of the destructive patterns in her life to bring life to others.

For more information on Clayton you may visit her web sites:



www.Authorsden.com/Blondieclayton
www.Realstoriesrealpeople.blogspot.com
www.Positivechangeradio.com
www.Blondie2Book.com

Clayton was inducted into the Speakers Hall of Fame by The Professional Speakers Network, under the tutelage of Dr. Tina Dupree, known as the “Chicken Lady”, in 2000. In addition to receiving many recognitions and awards for outstanding service and performance, Clayton has written numerous articles for local publications, internet sites and has appeared as a guest on local radio stations. Clayton and husband Frank have been volunteers through local and national youth organizations for over 12 years, influencing youth with their life stories to make better choices. She is also the Chaplain of a cancer support group called Sistaah Talk, based in Miami, Florida and the co-founder (along with husband Frank) of an organization to prevent and intervene in HIV/AIDS epidemic by providing educational seminars to adults and youth.

Looking to hire Blondie L. Clayton for your next event, please continue your journey through this pocket folder.

Be Blessed,

Frank Clayton
Coordinator

P. O. Box 132, Sharpes, FL 32959
1-866-578-1900  321-637-1128  www.Print2Publish.com

“Conquer The Impossible With Belief And Action”

The Best Choice:

Realization Strategist™ Blondie Clayton’s dynamic motivating and inspiring presentations are filled with anecdotes from her life experiences of triumph over brokenness, rejection, abandonment, sexual abuse, a low reading level, and damaging relationships to live an extraordinary life.

Talk Topics:

(Flip Over To The Back Of This Sheet)

Author Of:

There In The Midst (The Mysterious Exposed)

[formerly: The Touch Of The Master’s Hand (A Journey Into Stolen Innocence)]

Why Money Isn’t Your Problem: Making The Right Connection

E-Course: The “How To” Book That Made \$7000.00 In One

Month (formally: You Write You Publish Where to Start, What to do Next)



Blondie L. Clayton

Guest Speaker At:

Conferences, Youth Events and Camps, Churches,
Organizations, Women and Couples Retreat

Community Involvement:

Co-Founder New Steps For Better Living, Inc.
(HIV/AIDS Support Group and Referral Service)
Mayor ‘s Volunteers In Action Team - Cocoa, Florida
Sistaah Talk – Cancer Group – Chaplain
Youth For Christ Volunteer Counselor/Speaker

Blondie L. Clayton

Realization Strategist™
Author / Speaker
Publishing Coach
Workshop Facilitator
Freelance Writer
“It’s In You” Speakers Network
Ordained Minister

Booking Information

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www.Blondie2Book.com
www.authorsden.com/blondieclayton
www.realstoriesrealpeople.blogspot.com

Talk Topics:

The 7-Stages to Living an Extraordinary Life

What it takes to transform yourself and expand your territory

Write Your Life Into History Famous or Not!

Strategies for recording and documenting experiences, achievements, business, spiritual, etc.

Removing the Emotional Roadblocks to Your Success

Journaling can relieve stress, aide in bringing clarity and direction to business and personal challenges. Attendees learn techniques that can improve their performance by providing a tool that can be used any time any where, with very little disruption.

A More Joyful and Fulfilling Life After Abuse

My personal struggles to get beyond the self-defeating, destructive patterns imposed upon me through abuse and the spiritual acknowledgement that restored my emotional scarring.

What to Do When You Don't Go To College

Attendees take self-assessment test to clearly define likes, dislikes, strengths, weaknesses, hobbies, etc. while heightening their awareness of skill potential and possible career direction.

Winning Is A Decision!

The principles you used to succeed as a child can be applied to win at anything. The key is to Decide. Attendees are challenged individually and as a team with various activities to draw out their winning spirit, isolating the steps to get their for future application. Building people.
Growing leaders.

Biography of Blondie L. Clayton

But for the quick thinking of her mother's midwife, Blondie L. Clayton, the eldest daughter of her parents in the hills of North Carolina, would have been another infant mortality statistic. Attempting to break free of her mother's womb, entangled in the very umbilical cord that had provided nourishment, Clayton, with every contraction of her mother's womb, stared death in the face, cheating death to succeed against incredible odds, reflected in a lifetime of life changing experiences and victories.

From elementary through high school Clayton has blazed a trail of being the first. She was the first African American twirler and the first African American female science award holder at the predominately white Thomas Jefferson High School in Brooklyn, New York (64-67).

Clayton graduated Thomas Jefferson high school in 1967. Armed with her high school diploma and the words of her elementary school music teacher: "You can succeed if you work at it," Clayton took it to heart. Pregnant and married right after high school, Clayton seized the opportunity to prepare for her future utilizing her pregnancy time to home school herself in speedwriting and typing. After her baby was born, Clayton successfully qualified for a position as secretary and worked her way into Administrative Assistant to the Vice President of Operations to over 18 municipal hospitals in the City of New York.

Desiring to have a career that allowed her to travel, Clayton began studying at the Stenotype Academy in New York, and was recognized by administrative staff as the first student ever to master the speed of 125 w.p.m. attending a Saturday class.

In 1974, determined to break free of working for others she left New York for Florida. Her big break in her new court reporting career came through a man named Bert Friedman. Despite the subtle prejudices even in the court systems, Clayton never let it deter her desire to break into this field.

In 1981, Clayton opened her court-reporting agency, along with The Blondie School of Court Reporting. She was the first Black court reporter to win a county bid to report Zoning Board Hearings.

A death sentence changed the course of her life through husband Frank. Her seeking led her on a spiritual journey that peaked with disclosure that she had been sexually abused, a truth she had denied for over 30 years of her life.

This turning point was the beginning of her writing career; in 1993, Clayton wrote her life story in a book, titled **The Touch of the Master's Hand (A Journey into Stolen Innocence)**, which was later changed to **There In The Midst The Mysterious Exposed**.

Clayton's decision to self-publish came after the rejection letters started to pile up. Joined by husband Frank and her sister-in-law Cheryl, the three set out to make it happen. The skills of writing, editing, proofing and coordinating book projects to completion, positioned Clayton's writing talent to be noticed by Martiele Swanko, the Publisher of the Trumpeter Magazine.

After submitting a few stories, Swanko invited Clayton to send regular submissions. Clayton, wanting to understand how magazine publishing operated, decided to volunteer one day a week at the Trumpeter. To her surprise, she knew more than she thought she knew about organizing and running a publication, which impressed Swanko. Her commitment and dedication began to move Clayton into a place of trust and decision making related to the publication. Swanko made Clayton the Assignment Editor and place every stage of preparation to publish in the hands of a one day a week volunteer (Clayton).

Clayton worked with the Trumpeter for over four years, freelanced with the South Florida Newsweek, wrote articles for the Communicator, a professional speakers publication; has written many articles for the Family Reader; co-founded and published The New Steps Magazine; writes copy regularly for web masters.

Sixteen years later, Clayton has guided the publishing and coaching of over 250 writers into print mediums, whether books, newsletters or magazines, including the publication of three additional books of her own: **Why Money Isn't Your Problem, Making the Right Connection; You Write You Publish; The Divine Secrets of the Orange Book Circles**, along with having published numerous articles in periodicals.

NEW STEPS



MAGAZINE



(PEOPLE REACHING POSITIVE CHANGE TOGETHER)

Volume 1 Number 1

A CHRISTIAN PUBLICATION

March/April 2000

A Tribute To Women:

The Renewal Of Hope
(From Tragedy To Triumph)

Little Girl On The Streets . . .
(Risky Lifestyle Can Turn Around)

Medical Education

Image and Good Grooming

When I Grow Up . . .
(The Story Of A Family's Survival)

Raised From The Dead:
(The Part Women Played
In The Resurrection)

LITTLE GIRL ON THE STREETS . . . (RISKY LIFESTYLE CAN TURN AROUND)

by Blondie Clayton

*"Nappy head with big brown eyes,
Held her head down in school,
teachers didn't know she was listening.
The other kids were cruel.*

*With a broken down home, and too many kids,
The house was always a mess,
went to school often in a
wrinkled torn dress.*

*Face unwashed, body unclean,
not a friend in sight.
The only thing was judged,
was when she had a fight.*

*Over the years has left scarring
from her head down to her toes,
there's a story behind each one,
which Mari knows.*

*Every time the season change,
a memorie pops into her head.
Another day she thanks God,
another day she's not dead"*

(Excerpt from the poem *Mari*, the Mareeta White Collection)

The Mareeta then and the Mareeta today is different. Today she laughs about this little girl depicting the life of her youth. She marvels at how far God has brought her. She recalls at seven years old being taken from a woman she called Mother Davis to live with her birth mother in Ocala, Florida. Confused and uncertain as to the circumstances of this removal, Mareeta upon arriving at her mother's house realized that she would never be treated the same again.



MAREETA WHITE

Her mother's response to everything Mareeta did was a brutal beating. There were seven other children in addition to Mareeta but the target seemed to always center on Mareeta.

Mareeta remembers her brother Vincent standing up for her.

"Mother dear, why are you always beating Mareeta?" He would say.

The mother would laugh at Vincent and turn on him.

"He'd take the beating," says Mareeta.

"It was always something, nitpicking: You look like your father. I wasn't the only one she beat. My mother was very violent. Her behavior was crazy. She was always gone. Strangers coming in and out. She beat us with hammers, can goods, ironing cords. It was nothing to be awakened to a fist in the mouth as a child," says Mareeta.

When her mother was gone, Mareeta had to care for three smaller children. The house in such turmoil, and growing tired of the beatings, tired of being hungry, Mareeta started running away.

"Anger and hatred built up inside me. I recall being ridiculed by my peers. Being called Black, ashy, dusty. The girls that were prettier I used to fight, try to scar them up," says Mareeta.

"My mother would go out and party all night. A different man each night. I was angry. I didn't want to be the babysitter. I didn't want to be unkept, unloved. I couldn't say nothing," says Mareeta.

Mareeta learned to adapt to whatever circumstances she found herself. She recalls when she went to sleep she didn't know what to expect. Sometimes she would wake up to some man's roving hands.

"I use to pray to my dead grandmother to save me," says Mareeta.

When Mareeta would run-a-way her brother Vincent would go get her and bring her back home. A week later she would run away again.

(continued on page 7)

At 10 years old Mareeta's older sister taught her how to never be hungry again, by letting this old man touch her.

"It wouldn't be but a couple of dollars, but I could eat," says Mareeta.

It wasn't long before Mareeta learned some additional tools of survival: boosting and picking pockets.

Risky behavior which eventually landed her in the Florida State School For Girls.

"I refused to go home. When my mother would come to visit I would hide under the bed and refuse to come out," says Mareeta.

Mareeta tried to hang herself in the girl's school.

She says, "All I got was a sore neck. Anything to keep from going home. If they let me out I'd go right back."

It was the Trenton School For Girls which impacted Mareeta. At Trenton she made some friends, something she had never done before. She learned to write. She began to care about herself. At that point, she also faced the fact she was alone and no one cared, that if it was going to be, it was up to her.

"I knew I didn't want to return to the girls school and that I wouldn't live with my mother," says Mareeta.

At Trenton Mareeta gained confidence in who she was. She started listening to what those sent to her had to say. She became a dreamer. She even recalls hearing about Jesus for the first time from a Ms. Dune.

Mareeta was released from Trenton to her older sister at 11 years old. This was the older sister who had taught her how to let the old man touch on her, for money to buy food.

While living with her sister, Mareeta was left pretty much to be on her own. Her sister led a fast life. Mareeta realized the life her sister led was not what she wanted.

"I remember coming home after staying out all night with an older man and being told by my sister never to let a man keep me out all night and come home empty handed," says Mareeta.

Mareeta decided to go back to the old man who was giving her money to pay for a one way ticket to Miami.

At 11½ Mareeta arrived here on the streets of Miami. No money. No place to stay. No clothes. No food. She would walk the street and men would pick her up and have their way. Sometimes they would give her money and other times... She found the movies during the day was a safe place to get some sleep, emerging from there at night to walk the streets. At first she worked on her own, then the pimps picked her up. Their girls taught her the ropes of the streets; how to rob customers; use knockout drops; pick pockets.

By 14, Mareeta had been raped and into prostitution. Mareeta learned the street game and soon became a rival of the pimps.

"They use to call me player hater," says Mareeta.

Street life gave Mareeta a taste of what life would be like living large and for her that was the transition to call girl and a higher quality of clientele.

Things came to Mareeta fast. She lived a life mingling in high society. She traveled around from city to city and internationally.

Her lifestyle was not exempt from jail time. She learned what to do when she got busted.

"I'd give them my 18 year old birthday. I gave a different name in a different state or a different city," says Mareeta.

Mareeta's pimp sent her and his woman to Montreal, Canada to set up business. By the time the pimp arrived Mareeta had begun to do her own thing.

"I fell in love with Montreal. I met a guy name Donald. He had a business but it wasn't doing that well," says Mareeta.

Mareeta decided to partner with him in the drug business. Within months they had a booming business. She had hopes of setting up an empire. The abundance of money went to Donald's head. He decided he wanted to pimp women.

"The better I dressed the more women wanted in," says Mareeta.

Life got fast. Along with the fast life came an abundance of cocaine. Mareeta started losing her zeal for being in business with Donald.

Her troubles with Donald drew her deeper and deeper into champagne, cocaine, and eventually into smoking crack cocaine.

"I was a fighter but I gave up. No one showed me love. It was me against the world," says Mareeta.

Mareeta left Donald and moved from Montreal to New York, where she worked the streets. By age 21 she found herself pregnant. The whole nine months she never stopped working the streets.

"I tried everything to abort the child. I tried to pay people to do a saline abortion. I did not want to have a child," says Mareeta.

Once the child was born, Mareeta couldn't do enough for him.

"I smothered him. I'd go on shopping sprees and buy leather jackets and \$85 shoes. I wanted him to have what I didn't. I hired a Nanny to care for him while I worked the streets," says Mareeta.

Mareeta's biggest fear in raising a child was that she would be like her mother. Mareeta was a go-getter. She could make things work. Her fast life on the wrong side of the law, a couple of kids later, landed her in jail, in Orlando and there she ended up as a roommate to a girl named Cynthia who was to do 20 years in prison.

Cynthia told Mareeta: "I'm going to do some time but not 20 years. Jesus is not going to let it happen."

"Her faith moved me. The evidence against Cynthia was all the more reason she should have gotten more time. I asked her to show me where she was not going to do this time," says Mareeta.

Moved by Cynthia's faith Mareeta watched her fast, not eat, pray, and worship God. She started Mareeta to reading the Bible.

"I knew the 23rd Psalm and I believed there is a God but that was it. Sometimes when I would be out working the streets I would pass by a church and want to go in, feel a need to go in, but I wouldn't.

"My roommate's faith was unbelievable. When the time came to go to church or hang out with the lesbians, I went to church," says Mareeta.

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(Little Girl On The Streets - continued from page 7)

"Many people had come to share Jesus but this particular day, the lady asked if anybody wanted to give their life to Christ," and Mareeta felt an urgency.

"Something kept pushing me forward; like a hand on me. Every time thereafter when I would go to Bible Study I could feel this pushing but I wouldn't go," says Mareeta.

One day the lady came and Mareeta felt a big push. She stumbled up to the lady. Tears streaming down her face. The lady said, "And what do you want God to do for you?"

"I told the lady that I had read in the Bible how He parted the red sea. Made a lame man pick up his bed and walk, how He healed the blind, cast out demons, took Jonah out of the belly of a whale. He did all of that but can he take the taste of crack cocaine out of my mouth?" says Mareeta.

Mareeta found herself on the floor sobbing uncontrollably. She got up a new woman inside and out that day.

Signs and wonders followed Mareeta until the time she was released from prison. The taste of crack cocaine had left Mareeta.

Out of prison, temptations have come and she's had her failures, even a marriage which lasted about a year. Though she struggles, she gets back up and tries again because she remembers what God has done for her.

"I still have my temptations. I'm persistent in pursuing after the things of God. Once I got out of jail in Orlando, I was determined not to go back," says Mareeta.

Mareeta was asked to be Assistant Chaplain in Orlando and she is a part of the staff at the "Basic Training Boot Camp Ministry Program" under the direction of Pastor Vincent Spann in Overtown. Mareeta has also started a program called Eagle Care Productions which puts on fundraising events for children, using neighborhood talent in Overtown. She welcomes youth who live in homes like she grew up in and who would rather be anywhere except home. She feeds and clothes them when needed.

Her plans are to set up faith houses for youth at risk throughout the United States, a place called Chance House for ex-offenders like herself and set up a talent agency for inner city youth.

"I want to encourage those who fall, don't stay down. Don't feel you have to be in a bad relationship to move forward. Don't believe it's impossible to get somewhere. Don't accept defeat. Stay encouraged. Positive minds breed positive people. If you see destruction go the other way," says Mareeta.

Blondie Clayton

Freelance Writer
Editor-In-Chief of
New Steps Magazine
Publishing Coach
Author of
*The Touch of the Master's
Hand (A Journey Into
Stolen Innocence)*



RESOURCES

Boystown National Youth Help Hotline
1-800-448-3000

Covenant House Crisis/ Run-a-way
1-800-999-9999

Child Help USA/Child Abuse Hotline
1-800-4A-CHILD

National Run-a-way Switchboard
1-800-621-4000

TO SUPPORT MAREETA'S MINISTRY

Eagle Care Productions
P. O. Box 016097
Miami, Florida 33101-6097
Contact: Mareeta White

Adopt-A-Buddy Pal

Send cards and letters to a buddy along with a donation to provide a monthly gift of encouragement. Call for details or fill out the form below. Choose a buddy by initials.

Your Name _____ Age (optional) _____

Address _____ Apt./ Bldg. _____

City _____ State _____ Zip Code _____

Telephone (_____) _____ Fax (_____) _____ E-mail _____

I wish to Adopt-A-Buddy Pal. I commit to send cards and letters monthly. My buddy choice is (circle one):

Females: RE BE CM SJ RN LM SL KB TH WB SK PS HD JC

Males: DE MC RC CD CL TL

(optional) In addition, I would also like to provide a financial gift of encouragement monthly for the Adopt-A-Buddy Pal program. I have enclosed \$ _____ () per month or () one time for that purpose.

I understand that all correspondence must be mailed directly to:

New Steps For Better Living, Inc. P. O. Box 531365 Miami Shores, Florida 33153 OR call (305) 948-5772

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Y2K UPDATE



THE FIRST
EASTER MORNING
By Dr. Timothy P. Jenney



Fuchsia Pickett and Jane Hamon:
Becoming Women of Destiny

¡El Trompetero Sigue Creyendo!
¿Qué Hay de Nuevo?
Material Recomendado

BY BLONDIE CLAYTON

Carrying out the Great Commission is not without a price. What would motivate Christians to risk their lives to minister in war-torn cities, the jungles of Africa, mosquito and disease infested areas where danger and uncertainty exist?

The answer is that there are 1.1 billion people who still need to hear the Gospel. Five hundred people groups have not yet heard the Good News.

Christianity is considered the religion of the minority in some countries. There are 2.1 billion people in the world who are members of the Christian Church, sandwiched in with 1.2 billion Muslims; 1 billion Buddhist; 850 million Hindus and 230 million atheists. Muslims are the fastest growing because of their high birth rate (statistics from The New Context of World Mission).

Though linguistic missions are working as fast as they can, there are too many languages and not enough Bible translations. The ratio of missionaries sent to Foreign Service is 4,000 deployed to 332,000 missionaries in service.

The challenges are not without hunger and starvation. "Empty bellies have no ears," says Tom Willey of World Relief of the National Association of Evangelicals. In spite of starvation and hunger in countries like Africa, Christianity has experienced the fastest growth.

According to Willey: "At the turn of the century one group's emphasis was on a social gospel. Help them

What all Christians need to know about Missions



Photo courtesy of Operation Mobilization

with their social needs but don't preach. The other extreme was not to care about their needs. Just get 'em saved. The right way is the holistic approach, meeting the needs and sharing the Gospel.

Political leaders who are a part of a dominant religion, fear Christianity. Fast growing minority religions are a de-stabilizing influence. Some countries require churches to register in order to limit the number operating.

"I never knew Christians were being persecuted until I saw it on TBN, Christian television, recently. My heart broke. Like most believers, I took the privilege I have here in this country for granted. Hearing of the

persecutions opened my eyes. The impact was a renewed commitment to stand for Christ," says Carmen Morris of People Aiding People, Inc., an organization that reaches out to the homeless.

The call to mission service is more than outreach to foreign nations. It is the reaching out to your neighbor, to those in poverty in the inner cities, your co-workers, abandoned babies, the elderly, the wealthy and upper class and teenage mothers.

An open mission field is the wealthy and upper class. They have

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What all Christians need to know about Missions

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not been receptive to the Gospel. Their comfortable lifestyle and gated security homes have deceived them into believing they don't need anything else that the Gospel is for poor people. To promote that attitude, mission workers find it an easier witness going into the inner cities. As one mission worker put it: "People in the inner cities know about Jesus. That's all they have, their hope in Jesus."

Security guards and gate restrictions hinder access to the wealthy and upper class. A mission worker reaching out to the wealthy and upper class might find himself or herself jailed or threatened.

The same religions that persecute Christianity in foreign lands have come to our shores. Multi-cultural

communities continue to flourish and along with them come their beliefs and their gods. They have come to America for the economic freedom this country offers as well as the privilege to serve their gods without interruption.

Now is not the time to go to sleep or get comfortable. The mission field is still in need of willing workers. Mission efforts require the support of all believers, either financially or through service.

Tom Willey has been in mission service for over 21 years. "It was an adventure. Sleeping in burned out volcanoes, bullets flying, sleeping in the mountains, eating strange foods..."

"Missions outreach brings me joy. There is satisfaction in witnessing God's transforming power in the lives

of people. I feel blessed to serve," says Freddie Streeter, a missions outreach worker through Brownsville Missionary Baptist Church.

Carmen Morris says, "Through missions outreach I have come to realize why we must go into all the world. I see the effect of people being introduced to Jesus. We are an extension of Jesus' love."

Bitterness is not the response to a heightened awareness of persecution and challenges of our foreign missionaries, but a compassionate heart.

As Tom Willey put it: "The message to the persecutor should be the same one Christ taught: love your enemies and pray for them. Give an even better witness to them than anybody else." 🙏

How does she . . . Write books and articles . . . Speak locally . . .

Travel for speaking engagements . . . Take care of her home and husband . . . Stay in touch with two sons and seven grandchildren . . . **And still have time for herself?**



Photos by Tim Shortt, FLORIDA TODAY

Picture of happiness Blondie Clayton and her husband, Frank, relax at their home in Port St. John. Blondie calls Frank, who survived a life-threatening illness, her "soul mate."

Life blows served to make ordained minister stronger

BY KATHY HAGOOD
FOR FLORIDA TODAY

Blondie Clayton has survived some of the toughest blows life can deal a woman: molestation by a relative, rape by a teacher, teen pregnancy and the life-threatening illness of a spouse.

The ordeals shook Clayton, who was given the name Blondie by her paternal grandfather when she was born in Oriental, N.C. But she's found a way to carry on, thrive and inspire others.

"I've learned much over the years and continue to learn. But the biggest lesson was to learn to rely on something outside myself," she said.

Clayton's parents separated when she was 8 years old, and she and her siblings went to live with

various relatives. It was during the subsequent years she became a victim of incest and was then raped by a teacher, a trusted family friend.

"Those were terrible experiences, but I was determined not to let them define me," she said.

Clayton excelled in school, but became pregnant right after high school and married the father of her child. During her pregnancy, she taught herself speedwriting and typing skills and was able to get a job as a secretary and, eventually, as an assistant to a hospital executive. Later, she studied court reporting and opened The Blondie Court Reporting Agency. The business has since closed.

In 1985, she met and married her soul mate, Frank Clayton. Then, in 1990, he was diagnosed with a life-threatening disease.

"I was so angry. I thought to myself, 'Am I never going to be allowed to be happy?'" she said.

But after working through the anger over what was happening, Clayton learned to let go and have faith that God would help her through it. And, fortunately, her husband survived his health crisis.

"I had always been a problem solver, but I couldn't solve that problem. Then I realized it wasn't up to me to shoulder the burden. I had to rely on God," she said.

Clayton, an ordained minister, has written five books on personal development through such means as journaling and writing personal and family histories.

She gives speeches throughout the country, and recently presented "Writing Family Histories" at the Central Brevard Library in Cocoa.

She and her husband work with Cocoa-based Changing Lives Changing the World and often do presentations together. ■

Here's how . . . She schedules time for exercise and meditation . . .

Keeps to-do lists and an updated schedule . . . Gets support from her husband and works with him in the family business, Changing Lives Changing the World.



Kathy Hagood, for FLORIDA TODAY

In the public eye. The author of five books, Blondie Clayton frequently speaks on motivational topics, including creating personal and family histories.

A typical day

- 6:30 a.m.: Stretching, body-management time.
- 7 a.m.: Prepare breakfast with husband.
- 7:30 a.m.: Start breakfast with daily prayer.
- 8 a.m.: Plan and execute book production schedules; review schedule of upcoming events.
- 9 a.m.: Discuss financial expenditures.
- 9:30 a.m.: Return calls.
- 10 a.m.: Work on workshops, speeches.
- News: Begin proofreading, editing, writing press releases.
- 1 p.m.: Break for lunch and movie with husband.
- 2:30 p.m.: Resume proofreading and editing; work on articles for column, magazine, Web sites.
- 5:30 p.m.: Begin dinner.
- 6:30 p.m.: Enjoy dinner together as a couple.
- 8:30 p.m.: Meditation and quiet time.
- 9:30 p.m.: Bedtime.

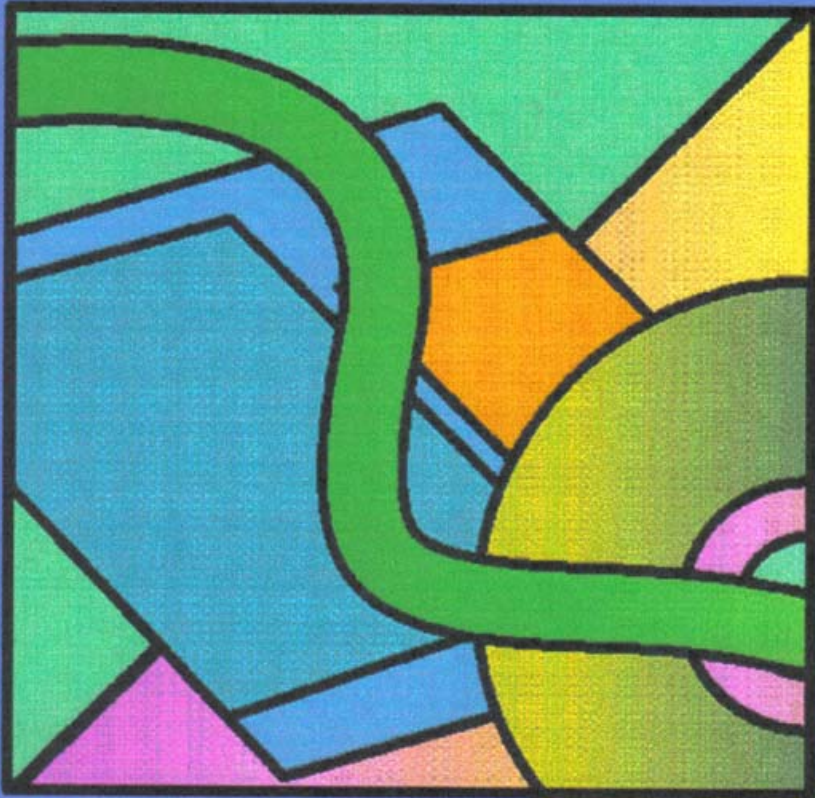


Life partners. As part of their home business, Changing Lives Changing the World, Blondie and Frank Clayton develop Web sites and help with book publishing, fund-raising and workshops.

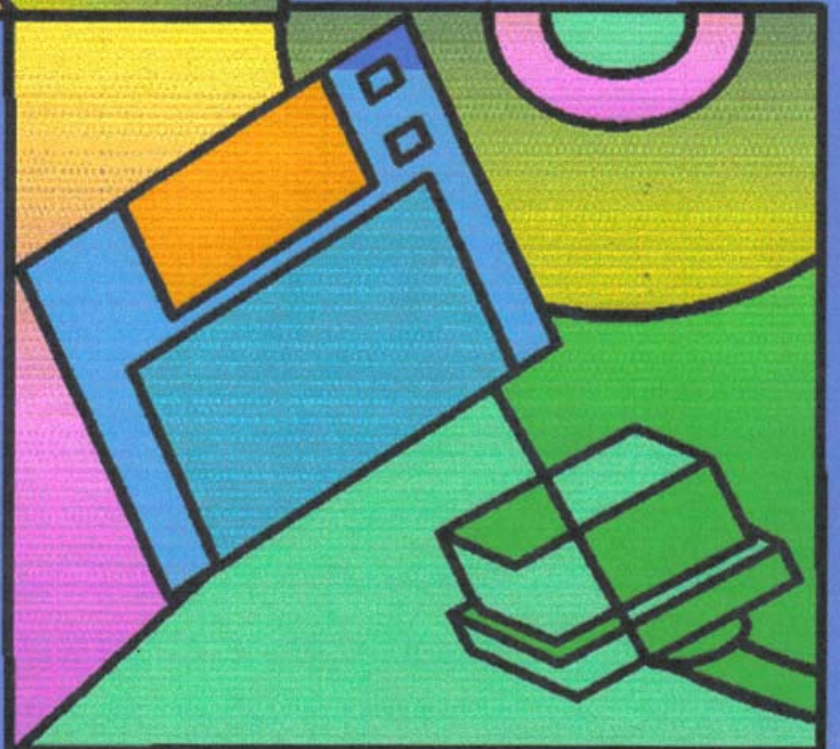
Do you know someone who's truly remarkable, a pro at juggling several obligations at once? Send nominations to About Me, Features Department, FLORIDA TODAY, P.O. Box 419000, Melbourne, FL 32941, or e-mail them to deardon@floridatoday.net

You Write You Publish

(Where to start, What to do next)



Blondie L. Clayton





Why Money Isn't Your Problem!

(Making The Right Connection)

Blondie L. Clayton



*There In
The Midst*

The Mysterious Exposed

Blondie L. Clayton